

CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

MONDAY, 8 APRIL 2024

SHANGHAI, CHINA
Overnight

DRESS CODE: CASUAL

For Ladies: DRESSES OR BLOUSES AND PANTS
For Gentlemen: SPORT SHIRTS AND SLACKS
No shorts or flip flop type footwear after 6:00PM
in indoor venues

TODAY'S WEATHER

Overcast
High: 61°F 16°C
Low: 57°F 14°C



SHANGHAI, CHINA

Aboard Silver Shadow

PLAN AHEAD

Upcoming ports



DAY	PORT	ARRIVE	DEPART
9 Apr	Shanghai, China	Overnight	-
10 Apr	Shanghai, China	Overnight	3:00pm
11 Apr	Day at Sea	-	-

YOUR EXPERIENCES ASHORE

SHANGHAI, CHINA

LAST SPACES AVAILABLE - BOOK TODAY!

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tours:

SHA-LA - GLIMPSES OF SHANGHAI

4 Hours | \$49

Activity Level Minimal

Discover some of the many prominent highlights of Shanghai during a picturesque, half-day sightseeing excursion through this bustling metropolis.

SHA-H - SHANGHAI'S JEWISH HERITAGE

4 Hours | \$59

Activity Level Moderate

Learn about the modern Jewish history in Shanghai on this half-day outing that includes visits to the Ohel Moishe Synagogue, the old Jewish ghetto area, Huo Shan Park, the Jewish settlement region, and the Arts & Crafts Research Institute.

From the mid-19th century when the Sephardic Jewish merchant group began to appear in Shanghai, to the early 1940s, the Jews in Shanghai rose to become the largest Jewish community in the Far East.

DECK 5 EXT. 858

OPENING HOURS:

7:30AM - 10:30AM | 4:00PM - 7:00PM



SHANGHAI, CHINA

THE UNIQUE BLEND OF CULTURES AND PEOPLES LEFT A MEMORABLE LEGACY

Although remains dating back to the Neolithic period attest to the presence of humans in the area 6 millennia ago, the expansion of this emblem of twenty-first century China, only really began with the arrival of the West and the Opium Wars. Originally called Hua Ting, Shanghai was once a fishing village. Thanks to its position at the confluence of the Yellow Sea, the Yangtze and Huangpu Rivers, it quickly became a relatively prosperous trading centre. Just before the arrival of the Westerners, the city was of medium size, with a population of around 200,000.

After the First Opium War and the ensuing trade treaties, Shanghai became a free city for international trade. Its expansion was reinforced by the second Opium War, which brought the city under Western control with the British, French and Americans, joined by the Japanese after the Sino-Japanese War of 1894-95.

Shanghai became the richest city in China thanks to opium, silk and tea trades. This prosperity was mirrored by a dark side, with gambling, prostitution and vice becoming major industries, giving the city the aura of adventure that it has long retained in the Western imagination. In the 1920s and 30s, Shanghai, the financial centre of Asia, was a beacon for the arts, cinema and theatre, where people came to indulge and have fun and in 1938, the city ranked as the fifth largest port in the world. But domination by foreigners and the Mafia fuelled public resentment and Shanghai is also the birthplace of the Chinese Communist Party and where the first strikes broke out.

The Second World War saw the end of foreign concessions. The Japanese occupation combined with the victory of Mao Zedong and the Communists in 1949 hastened the city's decline. A symbol of capitalism and foreigners, Shanghai was sunk into oblivion for decades. Between 1968 and 1976, one million of the city's inhabitants were deported to the countryside in the name of the Cultural Revolution. It wasn't until Deng Xiaoping's reforms and the 1990s that Shanghai was rehabilitated. Within 10 years, the city had regained its superb reputation and was once again a major economic centre. In 2005, it was home to 20% of China's industrial population. Today, the dynamic city has once again become a major financial and commercial centre, with modern architecture and a vitality that commands respect.

SIGHTS

- Nanjinglu Street
- Jin Mao Tower
- Shanghai Urban Planning Exhibition Center
- Jade Buddha Temple

SHANGHAI TIANZIFANG

A touristic arts and crafts district with less-expensive restaurants, bars, and cafes in Shanghai in the Old French Quarter. Unlike the better known Xintiandi area nearby, the area retains an "organic and original" feel and it is a favourite place to go for many tourists due to the old-style buildings, narrow alleys, and unique atmosphere.

LOGO SOUVENIR COLLECTION

THE BOUTIQUE ABOARD SILVERSEA



THE BOUTIQUE, DECK 5

Shop the collection of Silversea Cruises logo apparel and souvenirs available in the boutique. Take a keepsake home to friends and family from your memorable cruise vacation. The Boutiques of Silversea cannot be open in port due to local Customs Regulations. Please refer to your daily chronicles for our opening hours.

LA TERRAZZA

ON BOARD SILVER SHADOW

DECK 7

On board this luxury cruise ship, a divine selection of Italy's best cuisine is served à la carte in La Terrazza. Authentic recipes and the freshest ingredients come together with flair and passion – a flavourful expression of Silversea's distinctive Italian heritage.

La Terrazza uses buffalo mozzarella from Naples, organic balsamic vinegar and olive oil from Umbria, and air-dried ham out of Parma. The Emilia-Romagna region also produces Silversea's 24-month aged Parmigiano Reggiano, while the pasta is made fresh daily onboard the *Silver Shadow*.



DISCOVER SILVERSEA TRAVEL BLOG

TRANSPORTING YOU INTO THE AUTHENTIC BEAUTY OF THE WORLD

Featuring in-depth stories and striking original micro-documentaries on everything from the allure of the Atacama Desert to the peculiar dance of blue-footed boobies, *Discover* enables travellers to journey deeper, transporting readers into the authentic beauty of the world.

Discover reflects the features that enrich Silversea voyages to over 1,000 destinations in all seven of the world's continents. Leveraging the knowledge and experience of its industry-leading Expedition Team, Silversea will provide authoritative insight on ornithology, botany, marine biology, glaciology, and various other fascinating subjects.

Browse *Discover*, Silversea's travel blog: discover.silversea.com



DISCOVER
SILVERSEA

CASINO

THE MOST ICONIC CASINO ENTERTAINMENT OF ALL TIME

AT 6:30PM
THE SHOW LOUNGE, DECK 6

Featuring the music of Elvis Presley, The Rat Pack and James Bond. Tonight's performance celebrates the most iconic Casino Entertainment of all time.

Join your *Silversea* Vocalists and Dancers as we bring this Casino experience to life. Enjoy familiar hits such as Viva Las Vegas, Come Fly with Me and Goldfinger enhanced with modern choreography to truly entertain you!



A MYRIAD OF MAGIC, MYSTERY AND MIDNIGHT SUN

From raw, primal and utterly invigorating landscape to cool cities bursting with culture, Northern Europe and the British Isles is an evergreen region. Northern Europe dazzles at every turn. A treasure trove of rugged landscape and cutting-edge cities, this is a region of many faces. From delving into a depth of history, being wowed by the wildlife or simply enjoying the diversity of culture and cuisine, our hand-picked itineraries offer unparalleled options.

Save up to 10% on selected sailings if you book today on board.



For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854

NEWSPAPER STREAMING



Silversea is proud to offer a newspaper streaming library. Simply download the PressReader application to enjoy a wide variety of complimentary newspapers from around the world directly from your iPad/iPhone or an Android device. To access please make sure you are on the Guest WiFi, then connect to gopressreader.com. No internet charges apply. If you need assistance connecting, please contact your Butler or Reception.

1. Connect to WiFi and login to the internet.
2. Download the PressReader app from the App Store
3. Type: "gopressreader.com" in your web browser
4. Tap "Use local PressReader server"

WILDLIFE FOUND ON BOARD

Occasionally, animals get onboard our ship. If released in an area outside of their native habitat, they could be considered invasive.

Migrating birds can also temporarily land on our ship. For your safety and that of animals, we ask you not to interact or touch them and report any encounter to our Officers or Crew members.



ALL DAY DINING

BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)

Buffet 7:00am – Last Seating 10:00am

LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) *

À la Carte 12:00noon – Last Seating 3:30pm

OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30am – 10:00pm

DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00pm – Last Seating 9:30pm

LA TERRAZZA (DECK 7) **

À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) */**

À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) **

Today: Far East-West Flavours

Our Culinary Journey to China

À la Carte 7:00pm – Last Seating 9:30pm

Please remember to make your reservations with our Restaurant Team. Thank you.

Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.

* Weather permitting

** Reservations required

IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

BAR HOURS

9:00am – 10:00pm Pool Bar * [DECK 8]

10:00am – until late Panorama Lounge [DECK 8]

6:00pm – until late The Bar [DECK 5]

9:00pm – until late Connoisseur's Corner [DECK 8]

LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Empanada Day (USA)

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

ONBOARD SMOKING POLICY

Smoking of cigarette, e-cigarette and vaporizer is permitted in the Connoisseur's Corner (inside and outside); at designated tables and seating outside the Panorama Lounge (starboard side) and on the Pool Deck (starboard side).

Smoking of cigars and pipes is allowed only in the Connoisseur's Corner (inside and outside).

Smoking is not allowed: In guest suites and guest suite verandas/balconies and inside all public areas, lounges and bars.

SERVICES

ZÀGARA SPA | DECK 10
BEAUTY SALON AND BARBER SHOP

Dial 5011 for appointments.

8:00am – 8:00pm

Later appointments until 10:00pm available on request.

SAUNA & STEAM ROOM | DECK 10

8:00am – 8:00pm

FITNESS CENTRE | DECK 10

6:30am – 8:00pm

Limited spaces available for classes.

Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.

POOL & JACUZZI | DECK 8

Open today from 7:00am – 7:00pm

FUTURE CRUISE MANAGER
DECK 5

9:00am – 12:00noon | 5:00pm – 7:00pm

Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.

BOUTIQUES | DECK 5

CLOSED

Due to Customs Regulations

Toiletries and other essential items are available for purchase upon request through your Butler.

CASINO* | DECK 8

CLOSED

Due to Customs Regulations

*Age restriction: over 18 to use the facilities.

SHORE CONCIERGE DESK | DECK 5

Dial 858 for assistance.

during daily opening hours.

7:30am – 10:30am | 4:00pm – 7:00pm

GUEST RELATIONS MANAGER
DECK 5

Dial 800 for assistance.

8:00am – 12:00noon | 4:00pm – 7:00pm

MEDICAL CENTRE | DECK 3

Dial 931 during clinic hours.

8:00am – 9:00am | 5:00pm – 6:00pm

Medical assistance is also available by appointment.
Dial 800 (Reception) after hours.
Emergency service is available 24 hours a day.

Please use the midship elevator or midship stairs to reach the clinic. Kindly ask about charges prior to consultation.

**IN THE EVENT OF AN
EMERGENCY PLEASE DIAL 911**

MONDAY, 8 APRIL 2024

SUNRISE 5:34AM • SUNSET 6:18PM

GOOD MORNING

9:00	Massage Tasters: experience all types of massages we offer, choose your favourite and get 20% off (until 11:00am)	Zàgara Spa Reception (10)
9:00	Today's Silver Quiz, Crossword Puzzle, and Sudoku are available (return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)	The Atrium (5)
10:00	Gosmile consultations: come find out how your teeth can go up to 6 shades lighter in 30 min only	Zàgara Spa Reception (10)
11:00	Bridge Lesson: Intermediate with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
11:30	Zàgara Hair Designers – Come and have your hair colour analyzed. Go for a change or refresh your look	Zàgara Spa Salon (10)

GOOD AFTERNOON

1:00	Go Smile Teeth Whitening Consultations (until 3:30pm)	Zàgara Spa Reception (10)
3:00	Foot and Posture Analysis: how your feet and posture affect your body and how to fix hip, lower back, and knee pain	Aerobics Room (10)
4:00	Fab Abs with Personal Trainer Riesa	Aerobics Room (10)
4:00	Golf Putting Challenge with the Entertainment Team. Prize points to be won!	Lobby (4)
4:30	The 5min make-over with California Sun Glow	Zàgara Spa Reception (10)
4:45	Team Trivia with your International Hostess for fun and prize points	Panorama Lounge (8)
5:00	Sunset Stretch with Personal Trainer Riesa	Aerobics Room (10)

GOOD EVENING – DRESS CODE: CASUAL

6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:30	Showtime! Silversea proudly presents "Casino" Join us tonight for the most iconic Casino Entertainment of all time!	The Show Lounge (6)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment	The Bar (5)
9:00	The <i>Silversea</i> Trio plays for your musical entertainment	Panorama Lounge (8)
10:30	Dance the night away with DJ Gabor	Panorama Lounge (8)

SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card** and a **printed copy of your Passport (will be stamped by authorities during your face-to-face inspection)** whenever going ashore as this is your only valid identification for reboarding the vessel.

PIER INFORMATION

Silver Shadow is docked in Shanghai, China at the International Cruise Terminal, Berth 3.

IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

CURRENCY EXCHANGE

The local currency is the Chinese Yuan Renminbi (CNY), also known as theyuan. Guests going ashore can expect the following rates of exchange:

1 USD = 7.23 CNY approx.

1 EUR = 7.83 CNY approx.

1 GBP = 9.13 CNY approx.

SHIP'S AGENT

(for use in emergencies only)

China Marine Shipping Agency Shanghai Co., Ltd.

3F, Sinotrans Mansion, No 188 Fujian Road (M),
Shanghai, China. 200001

Phone: +86 138 1856 8566

Email: hd-cd-cruises@sinotrans.com

GOING ASHORE IN

SHANGHAI, CHINA

EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

Please do not forget to bring your tickets.

SHA-C	THE GARDEN CITY OF SUZHOU	8:30AM
SHA-G	THE WATER TOWN OF ZHUJIAJIAO	8:30AM
SHA-LA	GLIMPSES OF SHANGHAI	9:00AM
SHA-AA	SHANGHAI OLD & NEW	9:30AM
SHA-FA	THE MAGLEV TRAIN & NEW SHANGHAI	9:30AM

HOSPITALITY DESK

A local Hospitality Desk will be available shoreside. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

MONEY EXCHANGE

A local Representative will come onboard to offer Money Exchange after our arrival in Shanghai, as credit cards are accepted in very few places, and USD are not accepted either.

The money exchange service will accept USD 100 (new version only), 50 & 20 only and will not exchange money back if unused. The exchange rate will be USD 100 = CNY 680 (i.e. 1 USD = CNY 6.8).

Money Exchange at Shore Concierge Desk, Deck 5 available at following dates and times:

8th April from 8:00am to 11:00am and 1:00pm to 6:00pm

9th April from 8:00am to 11:00am and 1:00pm to 6:00pm

10th April from 8:00am to 1:00pm

SHUTTLE BUS SERVICE

A complimentary Shuttle Bus will be provided between the **Pier and the Shanghai Tourist Information and Service Center, located on the southern end of the Bund (financial district of Shanghai)**. From the drop off point it is walking distance to the Old Town of Shanghai and a few attractions.

The Shuttle Bus will operate every 30 minutes from 9:00am until 11:00pm (last bus from the city centre back to the ship). The approx. driving time is 20 minutes depending on traffic.

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

OVERNIGHT

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796