

CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

WEDNESDAY, 10 APRIL 2024

SHANGHAI, CHINA
All Aboard: 2:30PM
Departure: 3:00PM

DRESS CODE: INFORMAL

For Ladies: DRESSES OR PANTSUITS
For Gentlemen: JACKETS (TIE OPTIONAL)
No shorts or flip flop type footwear after 6:00PM
in indoor venues

TODAY'S WEATHER

Overcast
High: 68°F 20°C
Low: 61°F 16°C



SHANGHAI, CHINA

Aboard Silver Shadow

PLAN AHEAD

Upcoming ports



DAY	PORT	ARRIVE	DEPART
11 Apr	Day at Sea	-	-
12 Apr	Day at Sea	-	-
13 Apr	Tianjin (Beijing)	7:00am	Overnight

YOUR EXPERIENCES ASHORE

SHANGHAI, CHINA
LAST SPACES AVAILABLE - BOOK TODAY!

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tours:

SHA-O - DUMPLING REVOLUTION
4 Hours | \$169
Activity Level Minimal

Discover the secrets to preparing delicious Chinese dumplings during this interactive, half-day cooking excursion with lunch.

SHA-H - SHANGHAI'S JEWISH HERITAGE
4 Hours | \$59
Activity Level Moderate

Learn about the modern Jewish history in Shanghai on this half-day outing that includes visits to the Ohel Moishe Synagogue, the old Jewish ghetto area, Huo Shan Park, the Jewish settlement region, and the Arts & Crafts Research Institute.

From the mid-19th century when the Sephardic Jewish merchant group began to appear in Shanghai, to the early 1940s, the Jews in Shanghai rose to become the largest Jewish community in the Far East.

DECK 5 EXT. 858
 OPENING HOURS:
 7:30AM - 10:30AM | 4:00PM - 7:00PM



SHANGHAI, CHINA

THE METROPOLIS IS ONE OF CHINA'S BEST-KNOWN TOURIST DESTINATIONS

Superstitions are like culinary specialities: every part of the world has its own, and discovering those of new countries is always an experience, if not a tasty one, then at least a fun one. Shanghai and China are no exception, and the land of Feng-Shui has some amazing superstitions that you can observe with a smile, or take home with you if they bring you luck...

Let's move on quickly to the importance of certain numbers. Here, the 8 is particularly valued. A symbol of prosperity and fortune, you'll do anything to have one on your number plate, your telephone number or even in a prize. On the other hand, 4 is avoided like the plague, because it sounds like the word "death". So we avoid having a fourth floor and we don't offer 4 gifts, among many other examples.

In Shanghai, as elsewhere in China, it's frowned upon to have a wiggling leg, or even to shake it: the belief is that this action - rather inelegant, let's face it - betrays an unstable person, who is therefore incapable of handling money. To put it simply: shaking your leg makes you poor. So avoid it. Also to be avoided: cutting your nails at night. Why? It makes you die because the soul can then escape through your fingers. Go figure... In contrast to Western beauty criteria, here, having floppy ears and large lobes are a plus in life as they are a sign of intelligence and fortune. As a reminder, Buddha is depicted with large ears, which perhaps explains this. What's more, in Chinese medicine, the ears are linked to the kidneys. Having big ears is a guarantee of healthy kidneys.

The ears are also the equivalent of the European little finger that knows everything and whispers secrets. In China, it's the same thing, but it shows up when the ears turn red. And if they're big as well, the message might be more obvious. And then there are those Chinese superstitions we tell children to make them behave, without being able to explain them. So, don't lie down just after eating or you'll turn into a snake. Also after dinner, never go straight to sleep: you might never wake up. You could go and play outside, for example. No, because if you do that after 6pm, the ghosts will take you away. Take a shower then? Yes, but make sure you blow-dry your hair if you don't want to go mad. The best thing to do might be to go and see a show at the theatre or watch a good film on your TV in your suite after dinner. It's safer.

SIGHTS

- Shanghai History Museum
- Zhujiajiao Water Town
- Waibaidu Bridge
- Shanghai Botanical Garden
- Shanghai Grand Theatre
- China Pavilion

SHANGHAI OLD STREET

Shanghai Old Street, historically called Miaoqian Dajie, is an old business street that has a combination of tourist attractions, shops, entertainment and cultural exhibits. It owes its special social attractions and rich commercial background to the fact that the earliest bank, gold shop, jeweler's store, wine shop and tea house of the city were all to be found here.

LA DAME

EXCELLENCE OF FRENCH DINING

▶ LA DAME, DECK 7

La Dame features a bespoke menu by our top chefs, and is the highest expression of excellence of French dining. Quintessentially Parisian, extremely elegant and very refined, meals at La Dame are a fusion of tradition and modernity.

A dining fee per person applies. Please contact Maitre d' Outlet to make your reservations. Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.



MARY FRANCES

BOUTIQUES AT SILVERSEA

▶ THE BOUTIQUE, DECK 5

Drawing from her love of nature, travel, and artistic influences from around the globe, each Mary Frances design reflects her passions.

Her designs are eclectic and trend setting. You can find beautiful textures and motifs ranging from florals, music, and animals to intricate pattern work that is whimsical yet chic.

Mary brings a sense of joy and beauty through her designs and creates meaningful relationships in the process.



THE BARBER SHOP

MEN'S SELF INDULGENCE

▶ THE ZAGARA BEAUTY SPA, DECK 10

Men, it's your time to rest your mind and breathe freely with some self-indulgence.

For the ultimate relaxation: Speed Shave, GQ Grooming Treatment with Shave, Hydra-Boost Shave, Men's Fresh Cut or Men's Sports Manicure and Pedicure.



NEWSPAPER STREAMING

PRESSREADER APP

Silversea is proud to offer a newspaper streaming library. Simply download the PressReader application to enjoy a wide variety of complimentary newspapers from around the world directly from your iPad/iPhone or an Android device.

To access please make sure you are on the Guest WiFi, then connect to gopressreader.com.

No internet charges apply. If you need assistance connecting, please contact your Butler or the Reception Desk.

1. Connect to Guest WiFi and login to the internet.
2. Download the PressReader app from the App Store
3. Type: "gopressreader.com" on your web browser
4. Tap "Use local PressReader server"



2025 WORLD CRUISE

CONTROTEMPO

The time has come to board our newest ship, Silver Dawn, as we set sail on a voyage that explores the world off-season, off-tempo, and off the beaten path.

We'll turn classic and iconic destinations on their head, as we call at 59 ports in 30 countries and five continents, with 19 new places our world cruises have never sailed to before.

We'll see these places through the eyes of locals, as we unveil their authentic stories and secrets. And we'll access places you've never heard of. All for an exclusive look at the world, at sailing, at time itself.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854.

STARTS TODAY



▶ AUTHENTIC AMERICAN DINER EXPERIENCE

Back to the 50's & 60's!

Tonight is the first night of our American Diner event series on the Pool Deck (8), starting from 7:00pm – *Reservations required.*

Enjoy famous staples of American cuisine and a tasty Milkshake Bar in an entertaining vintage atmosphere. To keep it authentic and add some fun, our pool staff will be dressed in style for the special occasion.

The musical entertainment will reflect our "time travel" and you will have the pleasure to listen to some of the classics songs of the 50's & 60's era.

You're welcome to dress up!

Please note that both of the dinner events listed below require reservations in advance.

American Diner - 10th April at 7:00pm

American Diner - 11th April at 7:00pm

These events are weather permitting.



ALL DAY DINING

BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)

Buffet 7:00am – Last Seating 10:00am

LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) *

À la Carte 12:00noon – Last Seating 3:30pm

OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30am – 10:00pm

DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00pm – Last Seating 9:30pm

LA TERRAZZA (DECK 7) **

À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) */**

American Diner Experience

À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) **

Today: Far East-West Flavours

Our Culinary Journey to China

À la Carte 7:00pm – Last Seating 9:30pm

Please remember to make your reservations with our Restaurant Team. Thank you.

Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.

* Weather permitting

** Reservations required

IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

BAR HOURS

9:00am – 10:00pm Pool Bar * [DECK 8]

10:00am – until late Panorama Lounge [DECK 8]

6:00pm – until late The Bar [DECK 5]

9:00pm – until late Connoisseur's Corner [DECK 8]

LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Cinnamon Crescent Day (USA)

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands. Please use the hand sanitizers situated at the entrance door of the dining outlets and various locations around the ship.

SERVICES

ZÀGARA SPA | DECK 10
BEAUTY SALON AND BARBER SHOP

Dial 5011 for appointments.
8:00am – 8:00pm

Later appointments until 10:00pm available on request.

SAUNA & STEAM ROOM | DECK 10

8:00am – 8:00pm

FITNESS CENTRE | DECK 10

6:30am – 8:00pm

*Limited spaces available for classes.
Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.*

POOL & JACUZZI | DECK 8

Open today from 7:00am – 7:00pm

FUTURE CRUISE MANAGER
DECK 5

9:00am – 12:00noon | 5:00pm – 7:00pm

Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.

BOUTIQUES | DECK 5

CLOSED

Due to Customs Regulations Toiletries and other essential items are available for purchase upon request through your Butler.

CASINO* | DECK 8

CLOSED

*Due to Customs Regulations
Age restriction: over 18 to use the facilities.

SHORE CONCIERGE DESK | DECK 5

Dial 858 for assistance.

during daily opening hours.
7:30am – 10:30am | 4:00pm – 7:00pm

GUEST RELATIONS MANAGER
DECK 5

Dial 800 for assistance.

8:00am – 12:00noon | 4:00pm – 7:00pm

MEDICAL CENTRE | DECK 3

Dial 931 during clinic hours.

8:00am – 9:00am | 5:00pm – 6:00pm

*Medical assistance is also available by appointment.
Dial 800 (Reception) after hours.
Emergency service is available 24 hours a day.*

*Please use the midship elevator or midship stairs to reach the clinic.
Kindly ask about charges prior to consultation.*

**IN THE EVENT OF AN
EMERGENCY PLEASE DIAL 911**

WEDNESDAY, 10 APRIL 2024

SUNRISE 5:31AM • SUNSET 6:19PM

A GENERAL DRILL FOR THE CREW WILL BE HELD THIS MORNING

This exercise does not involve guests, however you are kindly asked to minimize your movement around the ship during the drill. Please use caution when approaching fire doors in the ship's corridors, as they may be automatically closed from the Navigational Bridge. As this essential drill involves all crew members, we ask for your understanding should any service interruption occur.

GOOD MORNING

9:00	Today's Silver Quiz, Crossword Puzzle, and Sudoku are available (return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)	The Atrium (5)
9:00	Shuffleboard Available (until 7:00pm)	Shuffleboard Court (10)
9:00	Board Games are available	Card Room (7)
9:00	Visit the Zàgara Spa and let us demonstrate some of our luxurious product range (until 12:00noon)	Zàgara Spa Reception (10)
10:15	A General Crew Drill will be held this morning (starts approx. 10:15am)	

GOOD AFTERNOON

12:30	The 5min make-over with California Sun Glow	Zàgara Spa Reception (10)
2:30	Health Seminar: how to change your body composition and solve inflammation in the body	Observation Lounge (10)
2:30	ALL ABOARD! Silver Shadow prepares to sail	
3:00	Silver Shadow sails for Tianjing (Beijing), China	
3:00	Pure Form Pilates with Personal Trainer Riesa	Aerobics Room (10)
3:00	Enrichment Lecture with Michael DiSpezio: Learning and the Brain In this user's guide to the brain, discover how you think and how best to maintain your cognitive skills as you sail the world's oceans	The Show Lounge (6)
4:00	Pathway to Yoga with Personal Trainer Riesa	Aerobics Room (10)
4:00	Bingo for fun and Prize Points with our International Hostesses	Panorama Lounge (8)
4:45	Team Trivia with your Cruise Director Moss for fun and prize points	Panorama Lounge (8)
5:00	Fab Abs with Personal Trainer Riesa	Aerobics Room (10)
5:30	Golf Putting Challenge with the Entertainment Team. Prize points to be won!	Lobby (4)

GOOD EVENING – DRESS CODE: INFORMAL

6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:00	The <i>Silversea</i> Trio and Guitarist Javier alternate to play during cocktail hour	Panorama Lounge (8)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment	The Bar (5)
9:00	The <i>Silversea</i> Trio plays for your musical entertainment	Panorama Lounge (8)
9:30	The Liar's Club with our International Hostesses Meet your panel of liars for this fun game show and find out who is telling the truth	Panorama Lounge (8)
10:30	Dance the night away with DJ Gabor	Panorama Lounge (8)

GOING ASHORE IN

SHANGHAI, CHINA

EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

Please do not forget to bring your tickets.

SHA-H	SHANGHAI'S JEWISH HERITAGE	8:30AM
SHA-L	GLIMPSES OF SHANGHAI	9:00AM
SHA-E	YU YUAN GARDENS & SHANGHAI MUSEUM	9:00AM
SHA-A	SHANGHAI OLD & NEW	9:00AM
SHA-F	THE MAGLEV TRAIN & NEW SHANGHAI	9:30AM
SHA-O	DUMPLING REVOLUTION.....	10:30AM

MONEY EXCHANGE

A local Representative will come onboard to offer Money Exchange after our arrival in Shanghai, as credit cards are accepted in very few places, and USD are not accepted either.

The money exchange service will accept USD 100 (new version only), 50 & 20 only and will not exchange money back if unused. The exchange rate will be USD 100 = CNY 680 (i.e. 1 USD = CNY 6.8).

Money Exchange at Shore Concierge Desk, Deck 5 available today:

10th April from 8:00am to 1:00pm

SHUTTLE BUS SERVICE

A complimentary Shuttle Bus will be provided between the **Pier and the Shanghai Tourist Information and Service Center, located on the southern end of the Bund (financial district of Shanghai)**. From the drop off point it is walking distance to the Old Town of Shanghai and a few attractions.

The Shuttle Bus will operate every 30 minutes from 9:00am until 1:00pm (last bus from the city centre back to the ship). The approx. driving time is 20 minutes depending on traffic.

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card and a printed copy of your Passport (which was stamped by authorities during your face-to-face inspection)** whenever going ashore as this is your only valid identification for reboarding the vessel.

PIER INFORMATION

Silver Shadow is docked in Shanghai, China at the International Cruise Terminal, Berth 3.

IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

CURRENCY EXCHANGE

The local currency is the Chinese Yuan Renminbi (CNY), also known as the yuan. Guests going ashore can expect the following rates of exchange:

1 USD = 7.23 CNY approx.

1 EUR = 7.83 CNY approx.

1 GBP = 9.13 CNY approx.

SHIP'S AGENT

(for use in emergencies only)

China Marine Shipping Agency Shanghai Co., Ltd.

3F, Sinotrans Mansion, No 188 Fujian Road (M),

Shanghai, China. 200001

Phone: +86 138 1856 8566

Email: hd-cd-cruises@sinotrans.com

**ALL ABOARD
2:30PM**

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796