

# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

**THURSDAY, 11 APRIL 2024**

EN ROUTE TO TIANJIN (BEIJING), CHINA

**DRESS CODE: INFORMAL**

For Ladies: DRESSES OR PANTSUITS

For Gentlemen: JACKETS (TIE OPTIONAL)

No shorts or flip flop type footwear after 6:00PM  
in indoor venues

**TODAY'S WEATHER**

Sunny

High: 56°F 13°C

Low: 52°F 11°C



## AT SEA

*Aboard Silver Shadow*

# BOAT BUILDING COMPETITION

PREPARE TO GET CREATIVE AND GET CRAFTING

▶ THE OFFICIAL START WILL BE ON 23 APRIL AND THE JUDGING ON 8 MAY

A renowned and highly anticipated World Cruise tradition is our annual boat building competition. In this entertaining contest, we call all our guests to put their brains and creativity to the test in building a 'Sea-Worthy' boat. The boats have to undergo certain trials and challenges in order to be crowned the *Silver Shadow* champion. You are invited to work alone or in teams. The boat will be tested on overall creativity of design and presentation, ability to float un-assisted in the pool, and on amount of weight it can hold (the weights used will be 12oz. cans, so the ship needs to be designed to hold those types of weights).

You may use any materials that you can find around the ship for the construction of your boat, provided that you will not cause damage to any property of the *Silver Shadow*. We also want you to 'create' your ship, so no using of large materials such as life-jackets, trash cans, etc, and the total length of the ship can be no longer than 40 inches (100cm). We will set up a table that will have materials available for you to use in the construction of your ship. These materials will only be available at the times listed in the Chronicles, so plan accordingly. Be as creative as you want in your presentation and design, and most importantly, HAVE FUN! If you have any questions, please contact Cruise Director Moss or your International Hostesses in the Cruise Director Office on Deck 5.



# BODY COMPOSITION ANALYSIS

▶ GET YOUR BODY INTO THE BEST POSSIBLE SHAPE

THE ZĂGARA FITNESS CENTRE, DECK 10

Are you curious as to how you can get your body into the best possible shape, quickly? To be sure you are on the right path, you must know just what shape your body is in. Our 'state of the art' body composition analysis machine gives you this precise information; by being able to measure your body fat content, lean muscle weight, and the percentage of fluid in your body. Our Fitness Instructor will be happy to show you how this modern machine works, and help you to better understand how to improve your body, and maintain a fitness routine.



# PIANO SHOWMAN CHRIS HAMILTON

TONIGHT'S SHOW

▶ AT 9:30PM  
THE SHOW LOUNGE, DECK 6

With his dazzling technique, astounding versatility and charismatic personality, Chris Hamilton has been described by New York critics as "the real deal" and "a total showman". In the UK, The Telegraph hailed him as "an ace pianist".

Chris began playing the piano at the age of four. After winning several national competitions, he won a scholarship to the Royal Academy of Music, London.

He has performed as a headliner on all the major cruise lines and won the prestigious Silversea Guest Entertainer of the Year 2017. He headlined a Cabaret Burlesque night at the Savoy Hotel, London and the famous Hippodrome. In August 2017 he appeared in a show called "A Spoonful of Sherman" and received rave reviews including the following: "Star of the show is Chris Hamilton with his sparkling, pitch perfect accompaniment and occasional show stealers". In 2017, Chris had a residency at The Ned in London where he co-hosted Sunday Night at the Ned. He also performs regularly at Crazy Coqs in London's West End.

Chris is a keen writer and his first musical, *Over The Threshold*, for which he wrote the music, lyrics and book was critically acclaimed and won the MTM Award for Best Music leading to a sell out transfer in London's West End and a production in Vienna. In 2014 he wrote a piece for the English National Ballet which was performed at the Barbican Theatre. Two of his original songs were featured on TV last year. Chris is gaining fans worldwide who appreciate not just his prodigious musical gifts but his easy charm and sophisticated performing style. [www.chris-hamilton.org](http://www.chris-hamilton.org)



# CANADA AND NEW ENGLAND

BREATHTAKING COLOURS AT THEIR AUTUMNAL BEST

Canada and New England's dramatic explosion of autumnal colour is famous the world over. From Quebec to Massachusetts, Rhode Island to the rugged coasts of Nova Scotia, join us as we weave our way through the glorious coasts of the region. Our small ships are perfect for accessing the off the beaten track ports. So grab onto your hats and begin or end your journey in the city that never sleeps, or even the sunshine state!

Save up to 10% on selected sailings if you book today on board.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854.

# DIAMOND TALK



▶ AT 2:30PM  
THE BOUTIQUE,  
DECK 5,

From faceted to rough and from rare colours to colourless diamonds, our fascination with these beautiful gemstones is endless!

Join our jewellery and gemstone specialist Penny for an informative chat to learn more about diamonds, the many forms they take and how to value them.

# TODAY'S EVENT



▶ RESERVATIONS REQUIRED

**Back to the 50's & 60's!**

Enjoy our last American Diner event on the Pool Deck (8), starting from 7:00pm. *Bon Appétit!*

# THURSDAY, 11 APRIL 2024

SUNRISE 5:26AM • SUNSET 6:16PM

## GOOD MORNING

7:00	Morning Walk with Personal Trainer Riesa	Jogging Track (10)
8:00	Pathway to Yoga with Personal Trainer Riesa	Aerobics Room (10)
9:00	Today's Silver Quiz, Crossword Puzzle, and Sudoku are available (return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)	The Atrium (5)
9:00	Knitting Group with your fellow guests	Panorama Lounge (8)
9:00	Board Games are available	Card Room (7)
9:00	Complimentary Collagen Eye Treatments with your Zagara Spa Team (until 12:00pm)	Zagara Spa Reception (10)
9:30	Ukulele Classes with Polly	The Bar (5)
10:00	Table Tennis Available	Lobby (3)
10:00	<b>Enrichment Lecture with Lecturer Kathy Reichs: Forensic Anthropology – Bones from the Crime Lab into Crime Fiction II</b>	The Show Lounge (6)
10:00	Bridge Lesson: Advanced Beginners with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
10:00	Coffee Chat with your Entertainment Team	Atrium (5)
10:30	Italian Class for Advanced Beginners with International Hostess Denise	Panorama Lounge (8)
11:00	<b>Enrichment Lecture with Lecturer John Hansen: The dynasties of China through the ages</b> Highlights from the ancient dynasties of China	The Show Lounge (6)
11:00	Bridge Lesson: Intermediate with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
11:00	<b>Games Arcade:</b> Have lots of fun with some indoor games, and win prize points Now that we are sailing in colder areas, we invite you indoors to join our entertainment team for some fun games of skill	Panorama Lounge (8)
11:00	Spa Seminar: BCA – Body Composition Analysis	Observation Lounge (10)
11:30	Mileage Pool - Guess how many miles <i>Silver Shadow</i> has sailed since leaving Shanghai	Panorama Lounge / Pool Deck (8)

## GOOD AFTERNOON

12:00	Nautical and weather information from the Bridge	Public Address System & In-suite TV Bridge Cam Channel
1:00	Mahjong get together (unhosted)	Observation Lounge (10)
1:45	Duplicate Bridge with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
2:00	Odyssey Art: "Coy Koi" Beguiling fish swim in a pool of watercolor or Choose Your Own Subject with Creative Arts Instructor Chris Brayton	Card Room (7)
2:00	<b>Enrichment Lecture with Cinematographer Pieter de Vries: Journey to Titanic – a Deep-Dive</b> Pieter joined director James Cameron on this extraordinary expedition to survey the wreck of Titanic. Incredible footage and behind-the-scenes stories	The Show Lounge (6)
2:00	Dance Class with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
2:30	<b>Games Arcade:</b> Have lots of fun with some indoor games, and win prize points Now that we are sailing in colder areas, we invite you indoors to join our entertainment team for some fun games of skill	Panorama Lounge (8)
2:30	Boutique Event: join Penny, our Guest Jewellery Expert, for a fun and entertaining Diamond Chat	The Boutique (5)
2:30	Water Volleyball with the Entertainment Team (weather permitting)	Pool (8)
2:30	The who's and why's of water retention and how to solve – with Ionithermie Specialist Nandipa	Zagara Spa Reception (10)
3:00	<b>Enrichment Lecture with Mark Stanton: The Emperor's new clothes</b> After the Communist revolution, a new Emperor emerged. Now called a Chairman and promising great things for the people of China; Mao Zedong created the next dynasty of China. He realised what had made China so great for so long and why and how it now had to rebuild itself. Why did Mao melt all the beds and saucers in China? Why did he order all of the grass to be pulled up? Why did he order the death of every bird in China? What was the Chinese thinking behind these ideas? How was their society created and where is the Chinese Empire going now?	The Show Lounge (6)
3:00	Casino Happy Hour: we invite you today from 3pm until 4pm for an opportunity to play Black Jack with a minimum bet of \$5	Casino (8)
3:00	Pure Form Pilates with Personal Trainer Riesa	Aerobics Room (10)
3:30	Table Tennis Tournament with the Entertainment Team	Lobby (3)
4:00	Walk in posture analysis with Posture Specialist Riesa	Aerobics Room (10)
4:00	<b>Bingo</b> for fun and Prize Points with our International Hostesses	Panorama Lounge (8)
4:45	<b>Team Trivia</b> with your Cruise Director Moss for fun and prize points	Panorama Lounge (8)
5:30	Golf Putting Challenge with the Entertainment Team. Prize points to be won!	Lobby (4)

## GOOD EVENING-DRESS CODE: INFORMAL

6:00	Boutique Special: Clearance Sale for Men's Apparel up to 75% off!	The Boutique (5)
6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:00	Guitarist Javier alternate to play during cocktail hour	Panorama Lounge (8)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment	The Bar (5)
9:00	Guitarist Javier plays for your musical entertainment	Panorama Lounge (8)
9:30	<b>Dinner Showtime! Silversea proudly presents Piano Showman "Chris Hamilton"</b> Chris Hamilton presents some of the world's most loved music including Andrew Lloyd Webber and Debussy culminating in a finale which never fails to impress the audience!	The Show Lounge (6)
10:30	Dance the night away with DJ Gabor	Panorama Lounge (8)





## ALL DAY DINING

### BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)

Buffet 7:30am – Last Seating 10:00am

### LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) \*

À la Carte 12:00noon – Last Seating 3:30pm

### OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30am – 10:00pm

### DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00pm – Last Seating 9:30pm

LA TERRAZZA (DECK 7) \*\*

À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) \*/\*\*

**American Diner Experience**

À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) \*\*

**Today: Far East-West Flavours**

**Our Culinary Journey to China**

À la Carte 7:00pm – Last Seating 9:30pm

*Please remember to make your reservations with our Restaurant Team. Thank you.*

*Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.*

\* Weather permitting

\*\* Reservations required

### BAR HOURS

9:00am – 10:00pm Pool Bar \* [ DECK 8 ]

9:00am – until late Panorama Lounge [ DECK 8 ]

6:00pm – until late The Bar [ DECK 5 ]

9:00pm – until late Connoisseur's Corner [ DECK 8 ]

### IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

### LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Cheese Fondue Day (USA) + Poutine Day (Quebec, Canada)

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

### INTERNET AND WIFI SERVICES AT SEA

*Silversea* is pleased to provide complimentary Internet service to all guests aboard our ships fleetwide. As there are no "cell" towers or cable networks at sea or in many of the remote places we visit, *Silversea* uses cutting-edge satellite technology that is far different than the high-speed broadband you are likely accustomed to on land. The distance that the data must travel is called "latency" and it is due to this process that onboard Internet access may be inconsistent, or in some cases, not available. Satellite communications are also be affected by weather and the ship's location.

## SERVICES

**ZÀGARA SPA | DECK 10**  
**BEAUTY SALON AND BARBER SHOP**

Dial 5011 for appointments.

8:00am – 8:00pm

*Later appointments until 10:00pm available on request.*

**SAUNA & STEAM ROOM | DECK 10**

8:00am – 8:00pm

**FITNESS CENTRE | DECK 10**

6:30am – 8:00pm

*Limited spaces available for classes.*

*Age restriction: over 18 to use the facilities. 16-18 allowed in with guardian.*

**POOL & JACUZZI | DECK 8**

Open today from 7:00am – 7:00pm

**FUTURE CRUISE MANAGER**  
**DECK 5**

9:00am – 12:00noon | 3:00pm – 7:00pm

*Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.*

**BOUTIQUES | DECK 5**

Dial 5503 for assistance.

10:00am – 10:00pm

*Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.*

**CASINO\* | DECK 8**

Dial 841 for assistance.

Slots: All Day

Tables: 3:00pm – 6:00pm

9:00pm – until late

\*Age restriction: over 18 to use the facilities.

**SHORE CONCIERGE DESK | DECK 5**

Dial 858 for assistance.

during daily opening hours.

9:00am – 12:00noon | 4:00pm – 7:00pm

**GUEST RELATIONS MANAGER**

**DECK 5**

Dial 800 for assistance.

8:00am – 12:00noon | 4:00pm – 7:00pm

**MEDICAL CENTRE | DECK 3**

Dial 931 during clinic hours.

9:30am – 11:00am | 4:00pm – 5:30pm

Medical assistance is also available by appointment.  
Dial 800 (Reception) after hours.  
Emergency service

is available 24 hours a day.

*Please use the midship elevator or midship stairs to reach the clinic.*

*Kindly ask about charges prior to consultation.*

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 911**