

# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

## THURSDAY, 18 APRIL 2024

OSAKA, JAPAN  
Arrival: 7:00 a.m.  
Overnight

## DRESS CODE: CASUAL

For Ladies: DRESSES OR BLOUSES AND PANTS  
For Gentlemen: SPORT SHIRTS AND SLACKS  
No shorts or flip flop type footwear after 6:00PM  
in indoor venues

## TODAY'S WEATHER

Morning overcast / Afternoon sunny  
High: 72°F 22°C  
Low: 63°F 17°C



# OSAKA, JAPAN

*Aboard Silver Shadow*

# PLAN AHEAD

## Upcoming ports



DAY	PORT	ARRIVE	DEPART
19 Apr	Osaka, Japan	Overnight	5:00 p. m.
20 Apr	Tokyo, Japan	6:00 p. m.	Overnight
21 Apr	Tokyo, Japan	-	7:00 p. m.

## YOUR EXPERIENCES ASHORE

### OSAKA, JAPAN LAST SPACES AVAILABLE - BOOK TODAY!

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tours:

#### OSA-M - NARA UNESCO WORLD HERITAGE SITES 5 Hours | \$149 Activity Level Extensive

Discover a pair of magnificent UNESCO World Heritage Sites during this scenic, half-day sightseeing excursion to Nara. Visit the impressive sites of the Todaiji Temple and the Kasuga Taisha Shrine with its 2,000 Stone Lanterns lining the pathways.

#### OSA-H - TEPPANYAKI DEMO & DINNER 3½ Hours | \$339 Activity Level Minimal

Embrace the exquisite flavours of an authentic, Teppanyaki-style dinner during this savoury, half-day epicurean excursion and city tour. After a delightful dinner, see the famous Tsutenkaku Tower, built in 1912 and modelled after the Eiffel Tower of Paris. Explore the lively Dotonbori Entertainment District before heading back to the ship.

DECK 5 EXT. 858  
OPENING HOURS:  
7:30 A.M. - 10:30 A.M. | 4:00 P.M. - 7:00 P.M.



## OSAKA, JAPAN

### A CHARMING, RELAXED CITY BEST KNOWN FOR ITS FOOD, FUN AND NIGHTLIFE

Japan's third-biggest city has thrown off its shackles and stepped out of the shadows to light up the sky with glaring neon signs and a larger than life outlook. Giant octopuses cling to buildings and bustling restaurants pack in the crowds in this great and garish place, which is Japan at its most friendly, extroverted and flavourful.

So dive in headfirst to experience an all-out sensory assault of delicious food, shopping cathedrals and glittering temples. Dotonbori Bridge bathes in the multicoloured, jewel-like lights of signage-plastered buildings, and the neon lights dance on the canal's waters below. Osaka is known as the nation's kitchen, and the Kuromon Ichiba Market has served as the city's spot to tuck in for almost 200 years.

Full of street food stalls - try pufferfish, savoury Okonomiyaki pancakes, or ginger and onion flavoured octopus, among the endless feast of exotic flavours. Osaka Castle is another of the city's landmarks, built in the 16th century by Toyotomi Hideyoshi. A modern museum now waits inside, where you can learn about the country's history, and why this castle is a symbol of Japanese unity.

Be sure to take the elevator up to the observation deck for a panoramic view of Osaka's spread. A colourful park encloses the castle and blooms with an ocean of pale pink cherry blossom during the season - the elegant black tiers rising from the pink haze below is one of Osaka's most alluring visions.

Kyoto's peaceful cultural treasures and temples are also just a short jaunt away on Japan's sleek trains, should you wish to explore further afield.

### SIGHTS

- Universal Studios Japan
- Osaka Castle
- Osaka Aquarium Kaiyukan
- Sumiyoshi Taisha Shrine
- Shitennoji Temple
- Tempozan Giant Ferris Wheel
- Umeda Sky Building

### DOTONBORI AREA

Osaka's hotspot for tourists and travelers alike, Dotonbori is filled with towering neon signs, clubs and an enormous variety of bars and restaurants serving local specialties.

The name "Dotonbori" generally refers both to the Dotonbori Canal and to Dotonbori Street which runs parallel to the canal's southern bank. It is one of the most colorful areas in Osaka and an absolute must-visit location when traveling through Kansai region.

# CHANEL

## THE BOUTIQUE ABOARD SILVERSEA

▶ THE BOUTIQUE, DECK 5

The fashion house founded by Gabrielle "Coco" Chanel created the ultimate symbol of femininity in 1921 with Chanel No. 5, so called because it was the fifth scent presented by its designer to Mademoiselle Chanel.

Nearly a century later, the timeless classic has been joined by many other scents, but all share the graceful sophistication of the firstborn.

We will be delighted to help you find the perfect fragrance for you or a lovely gift for friends and loved ones. Please refer to your daily chronicles regarding our opening hours.



# CHANEL

## SPATIOPIA SPECIAL

### INDULGE YOURSELF FROM HEAD TO TOE

▶ THE ZĀGARA BEAUTY SPA, DECK 10

Indulge yourself from head to toe for 75 glorious minutes with all of these treatments:

- Full Body Hot Stone or Bamboo Massage
- Full Body Skin Brushing
- Foot & Ankle Massage
- Hand & Arm Massage

Today Only. Call the Zāgara Spa on 5011 or visit us to book your appointment.



## INTERNATIONAL MULTI INSTRUMENTAL VIRTUOSO

### TONIGHT'S SHOW WITH JIM HODSON

▶ AT 6:30 P.M.  
THE SHOW LOUNGE, DECK 6

Jim hails from Melbourne, Australia, a city famous for being far far away from most other places. In between drinking copious amounts of pretentious coffee, Jim somehow found the time to study guitar, trumpet and composition. He attained a Masters degree in music from Melbourne University, and had his compositions performed by the Melbourne Symphony Orchestra. A piece of his won an international composition prize, which thrilled Jim, since it allowed him to preface his name with the description: "award-winning composer."

After studying, Jim took off on a voyage of musical discovery, which essentially meant travelling to different countries and pestering interesting musicians into sharing their tricks. He has collaborated with musicians from China, Bulgaria, Finland, Bangladesh, Italy and the UK, and even got the opportunity to perform on the Antarctic continent. He is now luckily able to share his love of music from around the world, along with soaring guitar solos and fancy fret-work.

The addition of the ukulele to the mix happened relatively recently, since Jim realised the potential of this unassuming small instrument. You will definitely be surprised at how the humble ukulele can be transformed in the hands of someone we might reluctantly call a professional.

Jim is excited to be able to travel the world performing the music he loves, while steadfastly insisting that no-one makes coffee as well as they do in his home town. When not writing about himself in the third person, Jim is an avid kayaker, kangaroo enthusiast and whiskey-taster.



## SUITE UPGRADE

### ON A WIDE SELECTION OF OCEAN-GOING AND EXPEDITION VOYAGES

In selected categories, enjoy a two-categories suite upgrade on Ocean-going voyages – or a one-category suite upgrade on Expedition cruises – a \$1,000 shipboard credit per suite (\$500 per guest), and 15% reduced deposit. Our limited-time Suite Upgrades offer applies to a global collection of itineraries departing May 2024 through 2026.

Book by May 31, 2024 with our unmatched Door-to-Door and Port-to-Port All-Inclusive fares. What's more, apply your Shipboard Credits for Spa treatments, optional shore excursions – including curated S.A.L.T. experiences – laundry services, and more, and discover the world's authentic beauty in supreme comfort.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854.

## DISCOVER SILVERSEA TRAVEL BLOG

### TRANSPORTING YOU INTO THE AUTHENTIC BEAUTY OF THE WORLD



Featuring in-depth stories and striking original micro-documentaries on everything from the allure of the Atacama Desert to the peculiar dance of blue-footed boobies, *Discover* enables travellers to journey deeper, transporting readers into the authentic beauty of the world. *Discover* reflects the features that enrich Silversea voyages to over 1,000 destinations in all seven of the world's continents.

Leveraging the knowledge and experience of its industry-leading Expedition Team, Silversea will provide authoritative insight on ornithology, botany, marine biology, glaciology, and various other fascinating subjects.

Silversea's travel blog: [discover.silversea.com](https://discover.silversea.com)



# ALL DAY DINING

## BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00 a.m. – Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7)

Buffet 7:00 a.m. – Last Seating 10:00 a.m.

## LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30 p.m.

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00 p.m.

THE GRILL (DECK 8) \*

À la Carte 12:00noon – Last Seating 3:30 p.m.

## OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30 a.m. – 10:00 p.m.

## DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

LA TERRAZZA (DECK 7) \*\*

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

THE GRILL (DECK 8) \*/\*\*

À la Carte 7:00 p.m. – Last Seating 10:00 p.m.

LA DAME (DECK 7) \*\*

**Today: Far East-West Flavours  
Our Culinary Journey to Japan**

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

*Please remember to make your reservations with our Restaurant Team. Thank you.*

*Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.*

\* Weather permitting

\*\* Reservations required

## IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

## BAR HOURS

9:00 a.m. – 10:00 p.m. Pool Bar \* [ DECK 8 ]

10:00 a.m. – until late Panorama Lounge [ DECK 8 ]

6:00 p.m. – until late The Bar [ DECK 5 ]

9:00 p.m. – until late Connoisseur's Corner [ DECK 8 ]

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## ONBOARD SMOKING POLICY

**Smoking of cigarette, e-cigarette and vaporizer is permitted** in the Connoisseur's Corner (inside and outside); at designated tables and seating outside the Panorama Lounge (starboard side) and on the Pool Deck (starboard side).

**Smoking of cigars and pipes is allowed only** in the Connoisseur's Corner (inside and outside).

**Smoking is not allowed:** In guest suites and guest suite verandas/balconies and inside all public areas, lounges and bars.

# SERVICES

**ZÀGARA SPA | DECK 10  
BEAUTY SALON AND BARBER SHOP**

Dial 5011 for appointments.  
8:00 a.m. – 8:00 p.m.

*Later appointments until 10:00pm  
available on request.*

**SAUNA & STEAM ROOM | DECK 10**

8:00 a.m. – 8:00 p.m.

**FITNESS CENTRE | DECK 10**

6:30 a.m. – 8:00 p.m.

*Limited spaces available for classes.  
Age restriction: over 18 to use the  
facilities. 16–18 allowed in with guardian.*

**POOL & JACUZZI | DECK 8**

Open today from 7:00 a.m. – 7:00 p.m.

**FUTURE CRUISE MANAGER | DECK 5**  
9:00 a.m. – 12:00noon | 5:30 p.m. – 7:30 p.m.

*Please dial 854 to arrange a private  
appointment or consult your suite  
ITV to request an appointment.*

**BOUTIQUES | DECK 5**

CLOSED

*Due to Customs Regulations  
Toiletries and other essential items  
are available for purchase upon request  
through your Butler.*

**CASINO\* | DECK 8**

CLOSED

*Due to Customs Regulations  
\*Age restriction: over 18 to use  
the facilities.*

**SHORE CONCIERGE DESK | DECK 5**

Dial 858 for assistance.  
during daily opening hours.  
7:30 a.m. – 10:30 a.m. | 4:00 p.m. – 7:00 p.m.

**GUEST RELATIONS MANAGER**

DECK 5

Dial 800 for assistance.  
8:00 a.m. – 12:00noon | 4:00 p.m. – 7:00 p.m.

**MEDICAL CENTRE | DECK 3**

Dial 931 during clinic hours.  
8:00 a.m. – 9:00 a.m. | 5:00 p.m. – 6:00 p.m.

*Medical assistance is also  
available by appointment.  
Dial 800 (Reception) after hours.  
Emergency service is  
available 24 hours a day.*

*Please use the midship elevator  
or midship stairs to reach the clinic.  
Kindly ask about charges  
prior to consultation.*

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 911**

# THURSDAY, 18 APRIL 2024

SUNRISE 5:22 A.M. • SUNSET 6:32 P.M.

## JAPAN - ANIMAL/QUARANTINE REGULATION

Please note, that due to the Animal/Quarantine regulation in Japan, the following items are **prohibited to carry with you when leaving the ship:** **Meat / Fruits / Vegetables / Eggs / Dairy products / Nuts / Plants / Seeds.** Thank you for your cooperation.

## A GENERAL DRILL FOR THE CREW WILL BE HELD THIS MORNING

This exercise does not involve guests, however you are kindly asked to minimize your movement around the ship during the drill. Please use caution when approaching fire doors in the ship's corridors, as they may be automatically closed from the Navigational Bridge. As this essential drill involves all crew members, we ask for your understanding should any service interruption occur.

## GOOD MORNING

7:00 **Silver Shadow is scheduled to dock in Osaka, Japan**

Once the vessel has been cleared by local authorities, your Cruise Director Moss will give weather and gangway information

To hear announcements in your suite please set the TV to the Bridge Cam Channel

8:00 Morning Walk with Personal Trainer Riesa Jogging Track (10)

9:00 Board Games are available Card Room (7)

9:00 Shuffleboard Available (until 7:00 p.m.) Shuffleboard Court (10)

9:00 Pure Form Pilates with Personal Trainer Riesa Aerobics Room (10)

9:00 Today's Silver Quiz, Crossword Puzzle, and Sudoku are available The Atrium (5)

(return the Silver Quiz to Reception by 3:00 p.m. - prize points for the most accurate quiz that is returned earliest)

10:00 Circuit Training with Personal Trainer Riesa Aerobics Room (10)

10:00 Beauty Seminar: Bright Eyes Zagara Spa Reception (10)

10:15 **A General Crew Drill will be held this morning** (starts approx. 10:15 a.m.)

## GOOD AFTERNOON

12:00 Foot and Posture Analysis: how your feet and posture affect your body and how to fix hip, lower back, and knee pain Aerobics Room (10)

12:00 Complimentary Massage Tasters (until 3:00 p.m.) Zagara Spa Reception (10)

4:45 **Team Trivia** with your Cruise Director Moss for fun and prize points Panorama Lounge (8)

5:30 Golf Putting Challenge with the Entertainment Team. Prize points to be won! Lobby (4)

## GOOD EVENING – DRESS CODE: CASUAL

6:00 Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail The Bar (5)

6:00 Guitarist Javier plays during cocktail hour Panorama Lounge (8)

6:30 **Pre-Dinner Showtime! Silversea proudly presents International Multi Instrumental Virtuoso "Jim Hodson"** The Show Lounge (6)

Join internationally acclaimed instrumentalist Jim Hodson for a fun and lively musical variety show. From rock n roll to jazz and classical, there's something for everyone, with more than a few surprises along the way

6:45 Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff Panorama Lounge (8)

9:00 The *Silversea* Trio plays for your musical entertainment Panorama Lounge (8)

9:00 Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment The Bar (5)

10:30 Dance the night away with DJ Gabor Panorama Lounge (8)

# GOING ASHORE IN

## OSAKA, JAPAN

### SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card and Original Passport** whenever going ashore as this is your only valid identification for reboarding the vessel.

### PIER INFORMATION

**Silver Shadow** is scheduled to dock in Osaka, Japan at Tempozan Cruise Terminal at Wharf No. 3 (W-3).

### IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

### CURRENCY EXCHANGE

The local currency is the Japanese Yen (JPY). Guests going ashore can expect the following rates of exchange:  
1 USD = 153 JPY approx.  
1 EUR = 163 JPY approx.  
1 GBP = 191 JPY approx.

### SHIP'S AGENT

(for use in emergencies only)

Inchcape Shipping Services  
Yodoyabashi Square 6F, 2-6-18, Kitahama,  
Chuo-ku, Osaka 541-0041 Japan  
Phone: +81 90 3495 3856  
Email: iss.osaka@iss-shipping.com

### EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

**Please do not forget to bring your tickets.**

OSA-M	NARA UNESCO WORLD HERITAGE SITES .....	8:30 A.M.
OSA-A	INTRODUCTION TO OSAKA.....	8:30 A.M.
OSA-B	KYOTO HIGHLIGHTS & HIGH-SPEED SHINKANSEN TRAIN.....	8:45 A.M.
OSA-E	KYOTO ON YOUR OWN EXPLORATION .....	8:45 A.M.
OSA-D	THE VIEW OF OSAKA .....	9:15 A.M.
OSA-H	TEPPANYAKI DEMO & DINNER .....	6:00 P.M.

### HOSPITALITY DESK

A local Hospitality Desk will be available shoreside. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

### SHUTTLE BUS SERVICE

A complimentary Shuttle Bus will be provided between the **Pier and Dontonbori area**. **The Shuttle Bus will operate every 45 minutes from 9:00 a.m. until 9:00 p.m. (last bus from the city centre back to the ship)**. The approx. driving time is 20-25 minutes depending on traffic.

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

### DESTINATION AND ENRICHMENT LECTURES

Destination and Enrichment lectures by our Guest Lecturers are available on demand from the in-suite TV system the day after the live presentation:

Select - Entertainment / Silversea Videos / Destination Lectures or Enrichment Lectures

Our Guest lecturer biographies are located on your in-suite TV:

Select - Your Stay / Guest Compendium

### HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

## OVERNIGHT

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796