### **\$SILVERSEA**

# Chronicles

News and Information for all onboard events

### WEDNESDAY, 26 MARCH 2025

EN ROUTE TO BANJUL, THE GAMBIA

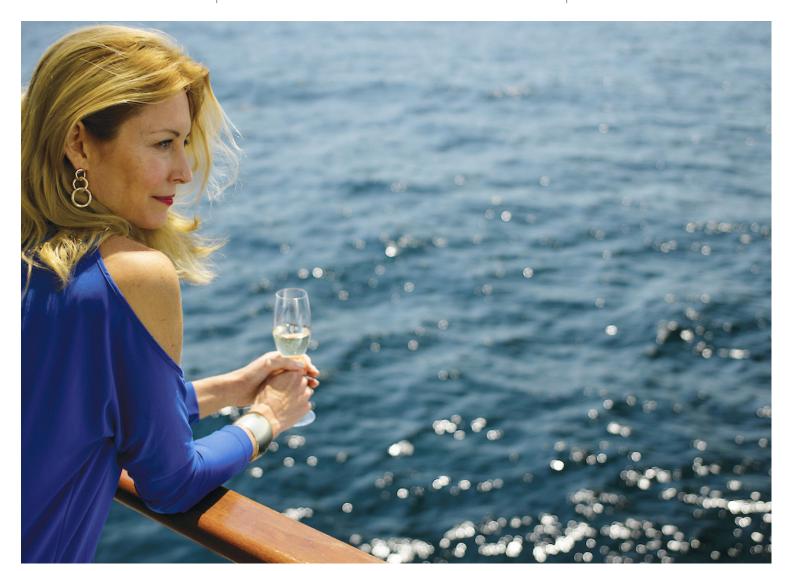
### DRESS CODE: FORMAL OPTIONAL

Ladies: evening gown or cocktail dress. Gents: tuxedo, dinner jacket, or dark suit with a tie. Guests can adhere to the Elegant Casual dress code, but men must wear a jacket in all indoor spaces.

### TODAY'S WEATHER

Mostly sunny High: 74°F 24°C Low: 73°F 23°C







## AT SEA

Aboard Silver Dawn

### VINTAGE IS OUR BUSINESS

THE BOUTIQUE ABOARD SILVERSEA



A traditional vintage shopping into a high fashion experience. With our unique curated vision and concept, we pay homage to the fine art of fashion through history and destination for taste-makers, industry insiders and celebrities alike. Widely lauded as the vanguard of high-fashion vintage.

### MAINTAINING A YOUTHFUL APPEARANCE medi-spatreatments



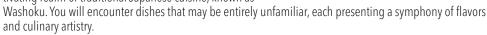
The Medi-Spa offers a variety of effective treatments to maintain a youthful looking appearance or address signs of aging on the face. Treatments include targeted wrinkle treatments and volumizing skin treatments to soften facial lines, wrinkles and folds. Now you can return home from your cruise vacation looking completely refreshed and youthful. Expect amazing results with no downtime.

### KAISEKI

FINE JAPANESE AT SEA

If 'Japanese gastronomy' evokes images of sushi, prepare to be surprised by the exquisite offerings at Kaiseki.

While lunch showcases some of the finest sushi and sashimi available, an evening meal here unveils a captivating realm of traditional Japanese cuisine, known as



Dining at Kaiseki is akin to embarking on a gastronomic journey through Japan, where the delicate balance of time-honored techniques and nourishing ingredients transforms each dish into a masterpiece. Elevate your experience further with our thoughtfully curated selection of sake, fine whiskies, or refreshing teas and cocktails. **Please contact Reception, your Butler or the Restaurant Team to secure your seat.** 

### MEMORIES SHOWTIME WITH HEADLINE ENTERTAINER SIMON BOWMAN

AT: 9:15 PM VENETIAN LOUNGE, DECK 5

Simon has performed in concerts all over the world, and alongside some of the world's most famous artists, including Robbie Williams, Nicole Scherzinger, Rod Stewart, Kylie Minogue, Leona Lewis, Mariah Carey and Lionel Richie. A class act for a special evening of songs from Simon's amazing career ranging from classical, pop, rock and swing.







AT 3:00PM, VENETIAN LOUNGE, DECK 5

Our Galápagos voyages are an adventurer's dream, explored aboard a ship purpose built for these waters, the 51-suite Silver Origin. Join Future Cruise Manager, Barrie, for an informative talk to learn more about our expeditions into Darwin's living laboratory, where you can mingle with fear-free penguins, watch blue-footed boobies dance, and snorkel with sea turtles and mantas. There are flocks of flamingos, packs of sea lions, and armies of marching crustaceans, all ready to greet you. Exclusive onboard savings!

### BLACKJACK TOURNAMENT



4:30 PM CASINO, DECK 7

Come to the Casino and join our Blackjack Tournament.

Visit the Casino on board and try your championship skills! Whether you are a new player or a Blackjack veteran, taking part in Blackjack Tournaments can be a lot of fun! An entry fee is applicable. Ask our Casino staff for more information. Have fun and good luck!

### CONNOISSEUR'S CORNER



DECK 9

Rich and luxurious, yet airy and spacious, this indoor/ outdoor venue is where you sip the finest cognac or whisky from a prestigious range and revel in the tranquil murmur of after-dinner conversation. A premium choice of cigars is also available, making this a perfect evening haven of serenity.



) T I V M

THE ORIGINAL ART

**OF COMFORT** 

### WEDNESDAY, 26 MARCH 2025

### **MORNING ACTIVITIES**

7:00	Morning Stretch (sign up required)	Fitness Centre (6)
8:00	Pure Form Pilates (sign up required)	Fitness Centre (6)
9:00	Today's Silver Quiz, Crossword Puzzle and Sudoku are available	Arts Café (8)
	(Return the Silver Quiz to Reception by 3:00 pm - prize points for the most accurate quiz that is returned earliest)	
9:00	Board games will be available for your enjoyment (unhosted)	Observation Lounge (11)
9:00	Shuffleboard will be set up for your enjoyment throughout the day (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Table Tennis will be available for your enjoyment (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Cornhole will be available to play (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Complimentary massage taster	OTIVM Spa (6)
9:30	Knit and Stitch Club: meet with fellow knitters and stitchers (unhosted, no material provided)	Observation Lounge (11)
9:45	Enrichment Lecture with William Lokey - Volcanoes Have Changed the World and Will Again! Explore volcanoes from	Venetian Lounge (5)
	Indonesia to Iceland - with a look at their impact on African and world history - and see how a community deals with a danger	
10:00	S.A.L.T. Lab Class: "Uncovering The Secrets of Fonio" (please pre-register with guest services)	S.A.L.T. Lab (4)
10:00	Bridge Beginners Lesson with your Bridge Instructor Susan	Silver Note (7)
10:00	Chinese Mahjong: Informal get together for guests interested in playing Chinese Mahjong (unsupervised	Observation Lounge (11)
10:00	Advance Facial Rejuvenation with Skin Specialist Dr. Marco	OTIVM Spa (6)
10:30	Experience luxury with the iconic Birkin Bag: Known for its timeless design and unparalleled craftsmanship, this legendary	Boutique (8)
	piece is a must-have for the discerning collector. Visit us and discover the allure of owning a Birkin. Limited availability.	
10:30	Seminar: Acupuncture 101- A life changing introduction to acupuncture	OTIVM Spa (6)
10:45	Travia Travel Quiz - The Gambia + Senegal Edition with your Entertainment Cruise Staff	Panorama Lounge (9)
10:45	Shuffleboard Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting	Outside Panorama Lounge (9)
11:00	Enrichment Lecture with Lloyd Camp - The Man-Eating Lions Of Tsavo	Venetian Lounge (5)
<u>.</u>	The ghosts of the darkness, and why you won't get eaten by wild animals on safari	
11:00	Coffee Chat with your Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:00	Intermediate Bridge Lesson with your Bridge Instructor Susan	Silver Note (7)
11:00	Mahjong Open session (supervised) with fellow guest Reeva	S.A.L.T. Kitchen (4)
11:00	Improve your posture with Goodfeet (complimentary consultation)	Fitness Centre (6)
11:15	Portuguese Class with your International Hostess Daniela	Dolce Vita (5)
11:30	Water Aerobics with members of the Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:30	Cornhole Tournament with some of the Silver Dawn Officers * weather permitting	Outside Panorama Lounge (9)
11:30	Mileage Pool: Join your Entertainment Cruise Staff to guess how many miles we have travelled since noon yesterday * weather perm	nitting Pool Deck (10)

### **AFTERNOON ACTIVITIES**

12:00	Nautical and weather information announcement by Captain Ivo Botica	Bridge Camera Channel and Public Address System
12:00	Grill House - prepared by Executive Chef Ross and his team * weather permitting	Pool Grill (10)
1:30	Mahjong Beginner Session with fellow guest Reeva - Lesson 8	S.A.L.T. Kitchen (4)
1:45	Duplicate Bridge Play with your Bridge Instructor Susan	Silver Note (7)
2:00	S.A.L.T. Lab Class: "Uncovering The Secrets of Fonio" (please pre-register with guest services)	S.A.L.T. Lab (4)
2:00	Dance Class: Join your Gentlemen Hosts Brian and Bill for this daytime activity	Panorama Lounge (9)
2:30	Arts Class with Shelley Ocana: Kente Cloth & Adinkra Symbols: Ghana is famous for its colorful fabrics adorn	
	bright colors and weave patterns which tell stories of bravery, love, strength and harmony. Create your own K	ente cloth design using watercolor and incorporating
	patterns, colors and symbols that have a special meaning to you	
2:30	Water Volleyball with members of the Entertainment Cruise Staff * weather permitting	Pool Deck (10)
3:00	Table Tennis Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permittin	g Outside Panorama Lounge (9)
3:00	Future Cruise Talk: Galapagos with your Future Cruise Manager Barrie Dodgson	Venetian Lounge (5)
3:30	Walk-in clinic acupuncture pain relief	OTIVM Spa (6)
4:00	Bingo! with a member of the Entertainment Cruise Staff	Panorama Lounge (9)
4:00	Facial rejuvenation walk-in clinic with Dr. Marco	OTIVM Spa (6)
4:30	Blackjack Tournament with your friendly Casino Staff	Casino (7)
4:45	Team Trivia - Join Cruise Director Moss for this daytime activity	Dolce Vita (5)
5:00	Catholic Mass with Father Adam	Silver Note (7)
5:30	Golf Putting Competition: Join your Entertainment Cruise Staff for this daytime activity	Lobby (4)
5:30	Fab Abs (sign up required)	Fitness Centre (6)

### **EVENING ACTIVITIES**

### DRESS CODE: FORMAL OPTIONAL

6:00 Guitar Entertainer Felipe and Pianist Remon alternate performing for guests' listening pleasure	Dolce Vita (5)
6:15 Silver Dawn Band plays for your dancing and listening pleasure	Panorama Lounge (9)
6:30 Solo Travellers get together with your Gentlemen Hosts Brian and Bill	Panorama Lounge (9)
6:30 LGBTQ+ Get Together (unhosted)	Panorama Lounge (9)
7:30 Jazz Pianist André plays for quests' listening pleasure	Silver Note (7)
8:15 Join Silver Note Jazz Duo Esther and André as they entertain you with their live music	Silver Note (7)
9:00 Silver Dawn Band plays for your dancing and listening pleasure	Panorama Lounge (9)
9:00 Guitar Entertainer Felipe and Pianist Remon alternate performing for guests' listening pleasure	Dolce Vita (5)
9:15 Showtime! Silversea Proudly Presents: Headline Entertainer Simon Bowman: Memories	Venetian Lounge (5)
A special evening of songs from Simon's amazing career, ranging from classical, pop, rock and swing.	5

10:15 DJ Gabor invites you to a party to celebrate the songs you love (until late)



### All Day Dining

BREAKFAST ATLANTIDE (DECK 4) À la Carte 8:00 a.m. – Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7) Buffet 7:30 a.m. – 10:00 a.m.

#### LUNCH

ATLANTIDE (DECK 4) À la Carte 12:00 p.m. – Last Seating 1:30 p.m.

KAISEKI (DECK 4) À la Carte 12:00 p.m. – Last Seating 2:30 p.m.

LA TERRAZZA (DECK 7) Buffet 12:00 p.m. – 2:00 p.m.

THE GRILL (DECK 10) \* À la Carte 12:00 p.m. – Last Seating 3:30 p.m.

**OPEN ALL DAY** ARTS CAFÉ (DECK 8) Light Snacks 6:30 a.m. – 11:00 p.m.

SPACCANAPOLI (DECK 11) À la Carte 11:00 a.m. – 11:00 p.m.

\* Weather permitting \*\* Reservations required

### **IN-SUITE DINING**

24-hour

The menu is available on the TV. To place your order please contact your butler or call extension 500. In-Suite Dining is also available in other public areas when our dining venues are not open for service.

#### DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

ATLANTIDE (DECK 4) À la Carte 6:00 p.m. – Last Seating 8:30 p.m.

S.A.L.T. Kitchen (DECK 4) À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

KAISEKI (DECK 4) \*\* À la Carte 6:30 p.m. – Last Seating 9:00 p.m. A dining fee per person applies

LA TERRAZZA (DECK 7) \*\* À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

SILVER NOTE (DECK 7) \*\* À la Carte 7:30 p.m. – Last Seating 10:00 p.m.

THE GRILL (DECK 10) \*/\*\* À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

LA DAME (DECK 8) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m. Gentlemen: Jacket required A dining fee per person applies

Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.

### **BAR HOURS**

9:00am - 10:30pmPool Bar \* [ Deck 10 ]10:00am - until latePanorama Lounge [ Deck 9 ]2:00pm - until lateDolce Vita [ Deck 5 ]6:00pm - until lateS.A.L.T. Bar [ Deck 4 ]6:30am - until lateArts Café [ Deck 8 ]6:00pm - 11:00pmObservation Library [ Deck 11 ]7:00pm - until lateSilver Note [ Deck 7 ]9:00pm - until lateConnoisseur's Corner [ Deck 9 ]

\*Weather permitting

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

#### **VIEW YOUR EXPENSES**

Kindly note that your on board expenses can be reviewed anytime on the interactive TV system in your suite. A printed copy of the final statement will be delivered to your suite on the morning of your disembarkation.

### SERVICES

OTIVM SPA | DECK 6 BEAUTY SALON AND BARBER SHOP

Dial 600 for appointments. 8:00 a.m. – 8:00 p.m. Later appointments until 10:00 p.m. available on request.

**SAUNA & STEAM ROOM | DECK 6** 8:00 a.m. – 8:00 p.m.

**FITNESS CENTRE | DECK 6** 5:00 a.m. – 10:00 p.m.

Limited spaces available for classes. Age restriction: over 18 to use the facilities.16–18 allowed in with guardian.

### FUTURE CRUISE SALES | DECK 5

Please dial 60515 or consult your suite ITV to request an appointment. 8:00 a.m. – 12:00 p.m. | 2:00 p.m. – 6:00 p.m.

### BOUTIQUES | DECK 8

10:00 a.m. – 10:00 p.m. Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler. Dial 555 (Reception) for assistance.

### CASINO | DECK 7

Slots: 10:00 a.m. – until late Tables: 4:00 p.m. – 6:00 p.m. 9:00 p.m. – until late Age restriction: over 18 to use the facilities.

### SHORE CONCIERGE DESK | DECK 5

Dial 551 for assistance during daily opening hours. 9:00 a.m. - 12:00 p.m. | 3:00 p.m. - 7:00 p.m.

### **GUEST RELATIONS MANAGER | DECK 5**

Dial 60502 for assistance. 8:00 a.m. - 12:00 p.m. | 4:00 p.m. - 8:00 p.m.

### MEDICAL CENTRE | DECK 3

Dial 10333 during clinic hours. 9:30 a.m. – 11:00 a.m. | 4:00 p.m. – 5:30 p.m. Medical assistance is also available by appointment.

Dial 555 (Reception) after hours.

*Emergency service is available 24 hours a day. Please use the Forward elevator or Forward stairs to reach the clinic.* 

Kindly ask about charges prior to consultation.

### IN THE EVENT OF AN EMERGENCY PLEASE DIAL 999