

# Chronicles

*News and Information for all onboard events*

**SATURDAY, 3 MAY 2025**

OSLO, NORWAY

**Arrival:** 8:00 a.m.

**Overnight Stay**

**DRESS CODE: ELEGANT CASUAL**

Ladies: trousers, blouses, skirts, or casual dresses.

Gents: open-collar shirts and slacks, jacket optional.

No jeans, shorts or flip flop type footwear after 6:00 P.M. in indoor venues.

**TODAY'S WEATHER**

*Cloudy with possible rain*

**High:** 57°F 14°C

**Low:** 52°F 11°C



## OSLO, NORWAY

*Aboard Silver Dawn*



# PLAN AHEAD

## Upcoming ports



DATE	PORT	ARRIVE	DEPART
4 May	Oslo	-	11:00 p.m.
5 May	Day at sea	-	-
6 May	Bergen	8:00 a.m.	11:00 p.m.

## YOUR EXPERIENCES ASHORE

### SHORE EXCURSION SUGGESTIONS

Enhance your voyage with our exceptional excursions. From day excursions or private arrangements, we offer you the world. Please visit the Shore Concierge Desk to discuss your options and reserve your excursions. If you prefer, you may request your excursions via MyCruise on you in-suite TV or by completing the Excursion Booking Form in your suite. Your butler will be pleased to deliver this if completed by our deadline.

#### OSL-O / Hiking Lillomarka Nature Reserve 4.00 Hours | \$ 79

The long but leisurely walk brings you deep into the trails of the Lillomarka/ Nordmarka region, a sprawling natural retreat cherished by Oslo's locals. You'll begin with a 30-minute route by urban transport from the city center, traveling with your guide by subway to Nydalen, then by bus to Solemskogen \ where the approximately two-hour trek into the forestlands and lakes begins.

#### DECK 5 EXT. 551

#### OPENING HOURS:

7:30 A.M. - 10:30 A.M. | 4:00 P.M. - 7:00 P.M.



## OSLO, NORWAY

### *A Glimpse into the Historical Tapestry of Norway's Capital*

Nestled on the shores of the Oslofjord, Oslo, the capital city of Norway, carries a rich and captivating history that dates back over a thousand years. From its humble beginnings as a Viking trading post to its emergence as a flourishing cultural and economic hub, Oslo has evolved into a modern city while preserving its historical charm.

Oslo's origins can be traced to the Viking Age, when it was known as "Vikingskipenes By" or "The City of the Viking Ships." Founded in the 11th century, it served as a crucial trading center and a base for Viking expeditions. Excavations in the modern-day neighborhood of Gamlebyen unearthed artifacts and remnants of the city's Viking heritage, including the iconic Oseberg ship, now on display at the Viking Ship Museum.

During the Middle Ages, Oslo flourished as the seat of power for Norwegian kings. King Håkon V constructed the Akershus Fortress in the 13th century to protect the city, which still stands as a symbol of Oslo's medieval past. In 1299, Oslo was officially designated as Norway's capital, solidifying its status as a political and administrative center.

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In the 14th century, Norway entered into a union with Denmark, resulting in a period of Danish dominance that lasted for more than four centuries. Oslo experienced significant changes during this time, with the city expanding beyond its original boundaries and the construction of iconic landmarks such as the Royal Palace.

### SIGHTS

- Royal Palace & Gardens
- Vigeland Sculpture Park
- Oslo Opera House
- Aker Brygge
- House of Oslo
- Fram Museum
- Holmenkollen Ski Tower

### CUISINE

Oslo's Culinary Elegance Awaits. Indulge in Oslo's refined culinary landscape, where Nordic tradition meets contemporary flair. Savor seafood delicacies like king crab, Arctic char, and hand-dived scallops in waterfront fine-dining establishments at Aker Brygge and Tjuvholmen.

Discover Michelin-starred experiences at restaurants like Maaemo or Statholdergaarden, where locally sourced ingredients are transformed into seasonal tasting menus.

# LA DAME

## THE GRANDE CUISINE FRANCAISE ONBOARD

Experience the pinnacle of French fine dining, where timeless culinary traditions harmoniously blend with contemporary creativity.

La Dame stands as a custodian of the esteemed principles of Grande Cuisine française, a legacy crafted by the illustrious chefs of Louis XIV's court. This heritage is lovingly nurtured by a brigade trained in the finest of houses, who invite you to take part in an extraordinary gastronomic journey.

Delight in a symphony of rich, balanced flavors, whether through meticulously designed tasting menus or à la carte offerings, all complemented by an exquisite selection of wines.

Please contact Reception, your Butler or the Restaurant Team to secure your seat.



# DESIGNER SUNGLASSES

BOUTIQUES AT SILVERSEA

THE BOUTIQUE  
DECK 8

Proper eyewear is as essential to the eyes as sunscreen is to the skin, and thanks to several top designers, we can all look good as we look well. Their sunglasses also make it easy to update your style with a little detail. Choose from designs by the venerable yet forward-thinking Prada, Tom Ford, Bottega Veneta, Ray-Ban, the essence of cool.



# THERMAGE CPT

## SKIN TIGHTENING THERAPY

THE OTIVM BEAUTY SPA  
DECK 6

Thermage CPT is the premier non-invasive, skin-tightening therapy that uses radio frequency to improve the appearance of sagging or loose skin on the face and body. Tighten and contour in just one treatment.



# LIMELITE

## TONIGHT'S SHOW

AT 9:15 PM  
VENETIAN LOUNGE, DECK 5



Experience a magnificent evening of musical entertainment at it's best! Limelite is a dynamic show featuring the very best of musical theatre, from New York's Broadway and London's West End, as well as some of the most iconic movie musicals too. Join your Silversea Singers and Dancers as we bring this Broadway experience to life! Enjoy hits from past productions through to present day including Grease, ABBA and The Greatest Showman.

# SAVE UP TO \$4,500

For a limited time, you can save up to \$4,500 plus an additional \$500 shipboard credit for a combined value of up to \$5,000 per suite\*. This combined offer is exclusively available on our all-inclusive fares, featuring over 700 voyages – departing early 2025 through 2027. To disconnecting, reinventing, and having every reason to celebrate. To Finding More.

To take advantage of this limited-time offer, book your suite with just a 15% deposit by May 31, 2025.

Book onboard and combine this amazing offer with exclusive onboard savings!



For more information, please contact your Future Cruise Team Barrie and Lauren on Deck 5, or extension 80509 or 60515.

# FIND THE WI-FI PACKAGE THAT MEETS YOUR NEEDS

Complimentary Standard Internet access is offered to all guests.

For those desiring an elevated online experience, Premium Wi-Fi with unlimited access is available for purchase.

For assistance, please contact the Reception Desk.

	PREMIUM WI-FI	STANDARD WI-FI
BROWSE	✓	✓
MESSAGE	✓	✓
EMAIL	✓	✓
POST	✓	—
VOICE CALL	✓	—
VIDEO CHAT	✓	—
STREAM	✓	—



## ALL DAY DINING

### BREAKFAST

ATLANTIDE (DECK 4)

À la Carte 8:00 a.m. – Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7)

Buffet 7:00 a.m. – 10:00 a.m.

### LUNCH

ATLANTIDE (DECK 4)

À la Carte 12:00 p.m. – Last Seating 1:30 p.m.

KAISEKI (DECK 4)

À la Carte 12:00 p.m. – Last Seating 2:30 p.m.

LA TERRAZZA (DECK 7)

Buffet 12:00 p.m. – 2:00 p.m.

THE GRILL (DECK 10) \*

À la Carte 12:00 p.m. – Last Seating 3:30 p.m.

### OPEN ALL DAY

ARTS CAFÉ (DECK 8)

Light Snacks 6:30 a.m. – 11:00 p.m.

SPACCANAPOLI (DECK 11)

À la Carte 11:00 a.m. – 11:00 p.m.

\* Weather permitting

\*\* Reservations required

### DINNER

*As a courtesy to your fellow guests please respect the times of your dinner reservation.*

ATLANTIDE (DECK 4)

À la Carte 6:00 p.m. – Last Seating 8:30 p.m.

S.A.L.T. Kitchen (DECK 4)

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

KAISEKI (DECK 4) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

A dining fee per person applies

LA TERRAZZA (DECK 7) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

SILVER NOTE (DECK 7) \*\*

À la Carte 7:30 p.m. – Last Seating 10:00 p.m.

THE GRILL (DECK 10) \*/\*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

LA DAME (DECK 8) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

Gentlemen: Jacket required

A dining fee per person applies

*Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.*

### IN-SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 500. In-Suite Dining is also available in other public areas when our dining venues are not open for service.

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

### BAR HOURS

9:00am – 10:30pm

10:00am – until late

2:00pm – until late

6:00pm – until late

6:30am – until late

6:00pm – 11:00pm

7:00pm – until late

9:00pm – until late

Pool Bar \* [ Deck 10 ]

Panorama Lounge [ Deck 9 ]

Dolce Vita [ Deck 5 ]

S.A.L.T. Bar [ Deck 4 ]

Arts Café [ Deck 8 ]

Observation Library [ Deck 11 ]

Silver Note [ Deck 7 ]

Connoisseur's Corner [ Deck 9 ]

\*Weather permitting

## SERVICES

### OTIVM SPA | DECK 6

#### BEAUTY SALON AND BARBER SHOP

Dial 600 for appointments.

8:00 a.m. – 8:00 p.m.

*Later appointments until 10:00 p.m. available on request.*

### SAUNA & STEAM ROOM | DECK 6

8:00 a.m. – 8:00 p.m.

### FITNESS CENTRE | DECK 6

5:00 a.m. – 10:00 p.m.

*Limited spaces available for classes.*

*Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.*

### FUTURE CRUISE SALES | DECK 5

Please dial 60515 or 80509 or consult your suite ITV to request an appointment.

8:00 a.m. – 12:00 p.m. | 3:00 p.m. – 7:00 p.m.

### BOUTIQUES | DECK 8

Closed due to Customs Regulations .

Window gallery pop up boutique open all day for preview and viewing.

### CASINO | DECK 7

Closed due to Customs Regulations

*Age restriction: over 18 to use the facilities.*

### SHORE CONCIERGE DESK | DECK 5

Dial 551 for assistance

during daily opening hours.

7:30 a.m. – 10:30 a.m. | 4:00 p.m. – 7:00 p.m.

### GUEST RELATIONS MANAGER | DECK 5

Dial 60502 for assistance.

8:00 a.m. – 12:00 p.m. | 4:00 p.m. – 8:00 p.m.

### MEDICAL CENTRE | DECK 3

Dial 10333 during clinic hours.

8:00 a.m. – 9:00 a.m. | 5:00 p.m. – 6:00 p.m.

Medical assistance is also available by appointment.

Dial 555 (Reception) after hours.

*Emergency service is available 24 hours a day.*

*Please use the Forward elevator or Forward stairs to reach the clinic.*

Kindly ask about charges prior to consultation.

### STAY HEALTHY

Please help us to help you stay healthy by using Hand Sanitizer at the gangway before boarding the ship in each of the ports of call. Also take advantage of these Hand Sanitizers around the ship. Stay healthy and enjoy your cruise experience!

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 999**



# Saturday, 3 May 2025

Sunrise 5:09 a.m. • Sunset 9:19 p.m.

## MORNING ACTIVITIES

7:00	Fab Abs	Fitness Centre (6)
8:00	Pure form Pilates (sign up required)	Fitness Centre (6)
8:00	<b>Silver Dawn is scheduled to dock in Oslo, Norway</b> Once the vessel has been cleared by local authorities, Cruise Director Moss will give weather and gangway location information (Clearance announcements are broadcast on the Bridge camera channel on your suite television)	
9:00	Shuffleboard will be set up for your enjoyment throughout the day (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Today's Silver Quiz, Crossword Puzzle and Sudoku are available (Return the Silver Quiz to Reception by 3:00 pm - prize points for the most accurate quiz that is returned earliest)	Arts Café (8)
9:00	Board games will be available for your enjoyment (unhosted)	Observation Lounge (11)
9:00	Table Tennis will be available for your enjoyment (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Cornhole will be available to play * weather permitting	Outside Panorama Lounge (9)
9:00	Complimentary massage taster	OTIVM Spa (6)
9:30	Knit and Stitch Club: meet with fellow knitters and stitchers (unhosted, no material provided)	Observation Lounge (11)
10:00	Puffy eyes seminar	OTIVM Spa (6)
10:15	Come and admire our Cartier sunglasses display. Window gallery all day for viewing.	Boutique (8)
10:30	Sudoku Challenge with your International Hostess Daniela	Panorama Lounge (9)
10:45	Shuffleboard Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting	Outside Panorama Lounge (9)

## AFTERNOON ACTIVITIES

2:00	Dance Class: Join your Gentlemen Hosts Jeff & Mike together with your Silversea Dancers for this daytime activity	Panorama Lounge (9)
3:00	Table Tennis Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting	Outside Panorama Lounge (9)
3:30	Cornhole tournament with your Cruise Staff * weather permitting	Outside Panorama Lounge (9)
4:00	<b>Bingo!</b> with a member of the Entertainment Cruise Staff	Panorama Lounge (9)
4:00	Acupuncture walk-in clinic with Dr. Liliana Grande (complimentary consultation)	OTIVM Spa (6)
4:30	Facial Rejuvenation walk-in clinic with Dr. Marco (complimentary consultation)	OTIVM Spa (6)
4:45	<b>Team Trivia</b> - Join Cruise Director Moss for this daytime activity	Dolce Vita (5)
5:00	Catholic Mass with Father Adam	Silver Note (7)
5:30	Golf Putting Competition: Join your Entertainment Cruise Staff for this daytime activity	Lobby (4)
5:30	Evening stretch (sign up required)	Fitness Centre (6)

## EVENING ACTIVITIES

## DRESS CODE: ELEGANT CASUAL

6:00	Pianist Remon and Guitar Entertainer Felipe alternate performing for guests' listening pleasure	Dolce Vita (5)
6:15	Silver Dawn Band plays for your dancing and listening pleasure	Panorama Lounge (9)
6:15	Solo Travellers get together with your Gentlemen Hosts Jeff & Mike	Panorama Lounge (9)
7:15	Jazz Pianist André plays for guests' listening pleasure	Silver Note (7)
8:15	Join Silver Note Jazz Duo Esther and André as they entertain you with their live music	Silver Note (7)
9:00	Pianist Remon performs for guests' listening pleasure	Dolce Vita (5)
9:15	<b>Showtime!</b> Silversea Proudly Presents: " <b>LIMELITE</b> "- Limelite is a dynamic show featuring the very best of musical theatre, from New York's Broadway and London's West End, as well as some of the most iconic movie musicals too!	Venetian Lounge (5)
10:30	DJ Gabor invites you to a party to celebrate the songs you love (until late)	Panorama Lounge (9)

## SHIP PROCEDURES

Remember to carry your **Suite Key Card** whenever going ashore as this is your only valid identification for reboarding the vessel.

## PIER INFORMATION

*Silver Dawn* is scheduled to dock in  
Oslo, Norway  
Revierkaia / Filipstadkaia

## IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

## CURRENCY EXCHANGE

The local currency is Norwegian krone (NOK).  
Guests going ashore can expect the following rates of exchange:

**1 USD = 10.41 NOK approx.**

**1 GBP = 13.88 NOK approx.**

**1 EUR = 11.79 NOK approx.**

## SHIP'S AGENT

(for use in emergencies only)  
European Cruise Service  
24/7 Hotline: +47 98268283

# Going ashore in Oslo, *Norway*

## EXCURSIONS

The excursions depart at the times listed below from the pier ashore. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time.

If you are late, unfortunately the transportation will not wait.

**Please do not forget to bring your excursion tickets and Suite Key Card.**

OSL-AA	1ST DEP: BEST OF OSLO .....	8:30 a.m.
OSL-OA	HIKING LILLOMARKA NATURE RESERVE.....	9:00 a.m.
OSL-IA	1ST DEP: BIKING IN OSLO .....	9:30 a.m.
OSL-P	OSLO AND THE NATIONAL MUSEUM.....	9:30 a.m.

## AFTERNOON TOURS

OSL-MA	VIKING EXPLORERS .....	1:00 p.m.
OSL-S	WWII - OSLO'S HISTORICAL JOURNEY .....	1:00 p.m.
OSL-AB	2ND DEP: BEST OF OSLO.....	1:00 p.m.

## EXCURSIONS

Port information and full tour descriptions are available on the interactive TV system in your suite for each port of call for this cruise.

## GOING ASHORE INDEPENDENTLY

The Shore Concierge desk takes pride in its ability to help guests on tour as well as guests who prefer individual sightseeing. The team will make private arrangements and suggest itineraries for independent exploration. If you just want to grab a taxi or to walk ashore, the Shore Concierge is eager to supply local information and useful tips.

## HOSPITALITY DESK ON BOARD

There will be a local Hospitality Desk Representative on board upon arrival for 2 hours this morning 8:30 a.m. until 10:30 a.m. at the Shore Concierge Desk (Deck 5). The representative will be able to answer detailed questions and to direct guests to their desired locations. Complimentary brochures and maps may also be available.

# Overnight Stay

**PLEASE NOTE THIS USEFUL INFORMATION WHEN GOING ASHORE.**  
**SILVER DAWN SATELLITE PHONE NUMBER: +1 786 605 5750**